ALL-DAY PACKAGES

ALL-DAY PACKAGES

All Day Delicious $36.00

Relax. We’ll keep the food coming! These 4 selections will keep your energy up throughout the day. Available for 15 guests or more. Includes appropriate condiments.

Delicious Dawn
- Assorted Muffins: 400-510 Cal each
- Assorted Scones: 430-470 Cal each
- Fresh Seasonal Sliced Fruit: 40 Cal/2.5 oz. serving
- Assorted Juice: 110-170 Cal each
- Bottled Water: 0 Cal each
- Java’s Coffee Service: 0 Cal/8 oz. serving

AM Perk Up
- Granola Bars: 190 Cal each
- Assorted Individual Yogurt Cups: 50-150 Cal each
- Iced Tea: 5 Cal/8 oz. serving
- Java’s Coffee Service: 0 Cal/8 oz. serving

Power Up Lunch
- Tomato and Cucumber Couscous Salad: 120 Cal/3.75 oz. serving
- Orange Fennel Spinach Salad: 210 Cal/3.2 oz. serving
- Bakery Fresh Rolls: 160 Cal each
- Green Beans Gremolata: 70 Cal/3 oz. serving
- Three Pepper Cavatappi with Pesto: 310 Cal/7.5 oz. serving
- Grilled Chicken with a Lemon Tarragon White Wine Sauce: 200 Cal/5.75 oz. serving
- New York Cheesecake: 440 Cal/slice
- Iced Tea: 5 Cal/8 oz. serving
- Iced Water: 0 Cal/8 oz. serving

PM Pick Me Up
- Chilled Spinach Dip with Tortilla Chips: 230 Cal/2.25 oz. serving
- Grilled Vegetable Tray: 70 Cal/3 oz. serving
- Freshly Baked Brownies: 250 Cal/2.25 oz. serving
- Bottled Water: 0 Cal each
- Java’s Coffee Service: 0 Cal/8 oz. serving

Meeting Wrap Up $32.00

Serve these favorites and success is a wrap! This All-Day package includes the following 4 delights. Available for 15 guests or more. Includes appropriate condiments.

Morning Mini
- Miniature Muffins: 80-120 Cal each
- Miniature Danish: 140-170 Cal each
- Miniature Scones: 110-120 Cal each
- Yogurt Parfait Cups: 370-400 Cal each
- Iced Water: 0 Cal/8 oz. serving
- Java’s Coffee Service: 0 Cal/8 oz. serving

The Energizer
- Donut Holes: 45-90 Cal each
- Ripe Bananas: 110 Cal each
- Iced Tea: 5 Cal/8 oz. serving
- Java’s Coffee Service: 0 Cal/8 oz. serving

It’s a Wrap
Includes choice of salad.
- Chicken Caesar Wrap: 540 Cal each
- Pepper Jack Tuna Wrap: 590 Cal each
- Cran-Apple Turkey Wrap: 650 Cal each
- Grilled Vegetable Wrap: 620 Cal each
- Fresh Seasonal Sliced Fruit: 40 Cal/2.5 oz. serving
- Traditional Garden Salad: 50 Cal/3.5 oz. serving
- Grilled Vegetable Pasta Salad: 130 Cal/3 oz. serving
- Individual Bag of Chips: 100-160 Cal each
- Assorted Craveworthy Cookies: 250-310 Cal each
- Freshly Baked Brownies: 250 Cal/2.25 oz. serving
- Iced Tea: 5 Cal/8 oz. serving
- Iced Water: 0 Cal/8 oz. serving

Mid-Day Munchies
Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages.

- Tortilla Chips: 90 Cal/2 oz. serving
- Salsa Roja: 20 Cal/1 oz. serving
- Salsa Verde: 20 Cal/1 oz. serving
- Pico De Gallo: 10 Cal/1 oz. serving
- Assorted fruit: 50-110 Cal each
- Assorted Craveworthy Cookies: 250-310 Cal each
- Bottled Water: 0 Cal each
- Java’s Coffee Service: 0 Cal/8 oz. serving
All-Day Packages

Simple Pleasures $25.00
Easy does it—Casually tasteful fare. This All-Day package includes 3 of our favorites. Available for 15 guests or more. Includes appropriate condiments.

Simple Continental
- Assorted Donuts 190-490 Cal each
- Assorted Bagels 170-360 Cal each
- Orange Juice 120 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
- Java’s Coffee Service

Box Lunch
Choice of Sandwich accompanied by Chips, Assorted Craveworthy Cookies and Bottled Water
- Tuna Salad Ciabatta 540 Cal each
- Ham & Swiss Sub 380 Cal each
- Turkey & Swiss Sandwich 490 Cal each
- Roasted Pepper & Mozzarella Ciabatta 530 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water

Mid-Day Munchies
Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages
- Tortilla Chips 90 Cal/2 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 20 Cal/1 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Assorted fruit 50-110 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each
- Java’s Coffee Service 0 Cal/8 oz. serving

Choose one of these 3 packages to sustain you throughout the day.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.
In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
# BREAKFAST

## Breakfast Collections
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

**Meliora Continental** $11.50  
Choice of three (3) Breakfast Pastries served with Fresh Seasonal Sliced Fruit, Fresh Assorted Juices and Bottled Water and Java’s Coffee Service

<table>
<thead>
<tr>
<th>Item</th>
<th>Calories/Each</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assorted Muffins</td>
<td>400-510 Cal each</td>
</tr>
<tr>
<td>Assorted Danish</td>
<td>200-430 Cal each</td>
</tr>
<tr>
<td>Assorted Scones</td>
<td>430-470 Cal each</td>
</tr>
<tr>
<td>Assorted Bagels</td>
<td>170-360 Cal each</td>
</tr>
<tr>
<td>Fresh Seasonal Sliced Fruit</td>
<td>40 Cal/2.5 oz. serving</td>
</tr>
<tr>
<td>Assorted Juice</td>
<td>110-170 Cal each</td>
</tr>
<tr>
<td>Bottled Water</td>
<td>0 Cal each</td>
</tr>
<tr>
<td>Java’s Coffee Service</td>
<td>0 Cal/8 oz. serving</td>
</tr>
</tbody>
</table>

**Healthy Choice Breakfast** $7.00  
Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day.

<table>
<thead>
<tr>
<th>Item</th>
<th>Calories/Each</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Cereal Cups</td>
<td>140-260 Cal each</td>
</tr>
<tr>
<td>Milk</td>
<td>120 Cal each</td>
</tr>
<tr>
<td>Bananas</td>
<td>110 Cal each</td>
</tr>
<tr>
<td>Assorted Individual Yogurt Cups</td>
<td>50-150 Cal each</td>
</tr>
<tr>
<td>Java’s Coffee Service</td>
<td>0 Cal/8 oz. serving</td>
</tr>
</tbody>
</table>

**New Yorker** $13.00  
Bagels

Smoked Salmon Platter with  
Hard-boiled Eggs, Sliced Tomato,  
Cucumber, Slivered Red Onion,  
and Cream Cheese  

<table>
<thead>
<tr>
<th>Item</th>
<th>Calories/Each</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assorted Bagels</td>
<td>170-360 Cal each</td>
</tr>
<tr>
<td>Fresh Seasonal Sliced Fruit</td>
<td>40 Cal/2.5 oz. serving</td>
</tr>
<tr>
<td>Assorted Juice</td>
<td>110-170 Cal each</td>
</tr>
<tr>
<td>Bottled Water</td>
<td>0 Cal each</td>
</tr>
<tr>
<td>Java’s Coffee Service</td>
<td>0 Cal/8 oz. serving</td>
</tr>
</tbody>
</table>

## À la Carte Breakfast
Includes appropriate condiments

<table>
<thead>
<tr>
<th>Item</th>
<th>Costs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assorted Bagels (170-360 Cal each)</td>
<td>$25.00 Per Dozen</td>
</tr>
<tr>
<td>Cinnamon Rolls (260 Cal each)</td>
<td>$18.00 Per Dozen</td>
</tr>
<tr>
<td>Fresh Seasonal Sliced Fruit (40 Cal/2.5 oz. serving)</td>
<td>$3.50 Per Person</td>
</tr>
<tr>
<td>Whole Fruit (50-110 Cal each)</td>
<td>$2.00 Each</td>
</tr>
<tr>
<td>Vegan Zucchini Breakfast Bread (270 Cal/3 oz. serving)</td>
<td>$14.50 Serves 12</td>
</tr>
</tbody>
</table>

Assorted Mini Muffins (75-120 Cal each) $20.50

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BREAKFAST

Hot Breakfast

All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Ultimate Breakfast $16.50
Choice of three (3) Breakfast Pastries, Scrambled Eggs, Cheddar and Onion Frittata, Crisp Bacon, Breakfast Sausage, Pancakes and Syrup, Breakfast Potatoes, Fresh Seasonal Sliced Fruit, Assorted Juices and Bottled Water, Java’s Coffee Service

- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Scrambled Eggs 180 Cal/4 oz. serving
- Cheddar and Onion Frittata 270 Cal each
- Breakfast Potatoes 130-150 Cal/3 oz. serving
- Bacon 45 Cal each
- Breakfast Sausage 130-220 Cal each
- Pancakes 50 Cal each
- Maple Syrup 70 Cal/1 oz. serving
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juices 110-170 Cal each
- Bottled Water 0 Cal each
- Java’s Coffee Service 0 Cal/8 oz. serving

American Breakfast $12.25
Scrambled Eggs, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, choice of one (1) Breakfast Pastry, Iced Water, Java’s Coffee Service

- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Scrambled Eggs 180 Cal/4 oz. serving
- Breakfast Potatoes 130-150 Cal/3 oz. serving
- Bacon 45 Cal each
- Breakfast Sausage 130-220 Cal each
- Iced Water 0 Cal/8 oz. serving
- Java’s Coffee Service 0 Cal/8 oz. serving

Smart Sunrise Sandwich Buffet $13.00
Choice of two (2) healthy Breakfast Sandwiches served with two (2) flavors of our Granola Fruit Parfaits served with Fresh Seasonal Sliced Fruit, Iced Water, Java’s Coffee Service

- Garden Vegetables & Egg on Wheat English Muffin 220 Cal each
- Southwest Garden Vegetable, Ham & Egg on Wheat English Muffin 220 Cal each
- Turkey Sausage, Swiss & Egg on Wheat English Muffin 250 Cal each
- Spinach & Feta Flatbread Sandwich 230 Cal each
- Turkey Sausage & Egg White Flatbread 280 Cal each
- Mexican Turkey Bacon Flatbread 280 Cal each
- Blueberry Orange Yogurt Parfait 410 Cal each
- Apple, Raisin and Cranberry Yogurt Parfait 400 Cal each
- Honey Ginger Pear Yogurt Parfait 440 Cal each
- Strawberry Yogurt Parfait 370 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Iced Water 0 Cal/8 oz. serving
- Java’s Coffee Service 0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are available upon request - nominal fee may apply
BREAKFAST

Breakfast Enhancements

All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Yogurt Parfaits  $3.75
Choose two (2) of our Yogurt Parfait flavors to add to your breakfast buffet!
- Blueberry Orange Yogurt Parfait 410 Cal each
- Apple, Raisin and Cranberry Yogurt Parfait 400 Cal each
- Honey Ginger Pear Yogurt Parfait 440 Cal each
- Strawberry Yogurt Parfait 370 Cal each

Belgian Waffles  $8.00
- Belgian Waffles
- Fresh Strawberry and Peach Fruit Topping 20 Cal/1 oz. serving
- Whipped Cream 50 Cal/0.5 oz. serving
- Maple Syrup 70 Cal/1 oz. serving

Just French Toast  $5.00
- Orange Cinnamon French Toast 90 Cal each
- Maple Syrup 70 Cal/1 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are available upon request - nominal fee may apply

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SANDWICHES & SALADS

Classic Collections
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Deli Express  $12.75
Create your own Deli Sandwich creation accompanied by your choice of two (2) Side Salads, Chips, Assorted Craveworthy Cookies and Beverages
Deli Platter
(Turkey, Roast Beef, Roasted Vegetables, Tuna) 25-80 Cal/1 oz. serving
- Cheese Tray (Cheddar & Swiss) 110 Cal/1 oz. serving
- Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini) 20 Cal/1 oz. serving
- Assorted Baked Breads & Rolls 110-160 Cal each
Side Salads
- Housemade Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
Iced Tea
- Iced Water

Classic Box Lunch  $10.00
Your choice of Classic Sandwich - served with Potato Chips, Craveworthy Cookies and Bottled Water
Classic Selection Sandwich 140-750 Cal each
- Housemade Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
Bottled Water

Classic Selections Buffet  $16.00
Your Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies, Iced Water and Iced Tea
Classic Selection Sandwiches 140-750 Cal each
- Dill Pickle Slices 0 Cal/1 oz. serving
- Housemade Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
Iced Tea
- Iced Water

Classic Sandwich Options
(Available Sandwich Choices for the Classic Boxed Lunch and Classic Selections Buffet)
- Greek Salad Wrap with Crumbled Feta, Black Olives, Fresh Cucumbers, Plum Tomatoes and Red Onion (430 Cal each)
Roast Beef and Cheddar Sandwich (420 Cal each)
Chicken, Pepper Jack Baguette with Pico and Guacamole (740 Cal each)
Turkey, Feta, Spinach and Sun-Dried Tomato Ciabatta (670 Cal each)
Bavarian Ham and Swiss on a Pretzel Roll (480 Cal each)

Premium Box Lunches
Spicy Salmon Arugula Wrap  $15.00
Grilled Salmon, Jalapeno Coleslaw, Arugula, Tomato and Remoulade in a Lavash Wrap
- Sweet Chili Cucumber Salad 620 Cal each
- Individual Bag of Chips 25 Cal/3 oz. serving
- Freshly Baked Brownie 100-160 Cal each
- Bottled Water 250 Cal/2.25 oz. serving
Asiago Roast Beef Focaccia  $15.00
Roast Beef, Asiago, Kale Spring Mix, Tomato and Onion on Focaccia with Spicy Mayonnaise
- Grilled Vegetable Pasta Salad 590 Cal each
- Individual Bag of Chips 130 Cal/3 oz. serving
- Freshly Baked Brownie 100-160 Cal each
- Bottled Water 250 Cal/2.25 oz. serving
Chicken, Blue Cheese and Pear Salad  $15.00
Grilled Lemon Chicken on a Salad of Pear, Blue Cheese, Walnuts, Crisp Greens and Dijon Vinaigrette
- Bakery Fresh Roll 620 Cal each
- Fresh Fruit Cup 160 Cal each
- Lemon Cheesecake Bar 40 Cal/2.5 oz. serving
- Bottled Water 300 Cal/2.75 oz. serving

Additional Premium Box Lunch options available upon request!
Please contact your catering professional
SANDWICHES & SALADS

Classic Collections

All prices are per person and available for 12 guests or more. Includes appropriate condiments.

The Executive Luncheon $18.00

Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies, Iced Water and Iced Tea

Executive Luncheon Sandwiches  370-760 Cal each
Side Salads  25-330 Cal each
Dill Pickle Slices  0 Cal/1 oz. serving
Housemade Chips  100-160 Cal each
Assorted Craveworthy Cookies  250-310 Cal each
Iced Tea  5 Cal/8 oz. serving
Iced Water  0 Cal/8 oz. serving

Executive Luncheon Sandwiches
(Available Sandwich Choices for the Executive Luncheon Buffet)

Garden Vegetables with Boursin, Aged Provolone and Roasted Garlic Aioli on Ciabatta (570 Cal each)
Salmon, Cucumber and Cilantro Coleslaw Ciabatta (650 Cal each)
Ham and Brie, with Fresh Pear, Spinach and Caramelized Onions on Wheatberry Bread (700 Cal each)
Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette (570 Cal each)
Southwest Smoked Turkey Ciabatta with Fresh Spinach and Chipotle Mayo (500 Cal each)
Tarragon Chicken Salad and Chive Cream Cheese Wrap (590 Cal each)
Roast Beef, Provolone, Artichoke Relish and Pesto Mayo Baguette (690 Cal each)

Side Salad Selections
(Included with Deli Express, Classic Selections, and Executive Luncheon Sandwich Buffets)

Toasted Barley Orange Cranberry Salad with Red Onions, Honey and Cinnamon (120 Cal/3.5 oz. serving)
Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in spicy Caribbean Jerk Seasoning (120 Cal/4 oz. serving)
Chickpea Salad with Fresh Cucumbers, Red Onions, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning (130 Cal/3.5 oz. serving)
Chilled Dill Cucumber Salad with Onions tossed in Italian Dressing (60 Cal/3.75 oz. serving)
Grilled Vegetable Pasta Salad with a Balsamic Dressing (130 Cal/3 oz. serving)
Traditional Coleslaw finely shredded with Carrots in a Mayonnaise and Celery Seed Dressing (170 Cal/3.5 oz. serving)
Traditional Garden Salad with a Balsamic Vinaigrette Dressing (50 Cal/3.5 oz. serving)
Ranch Pasta Salad (120 Cal/3 oz. serving)
Fresh Fruit Salad (40 Cal/2.5 oz. serving)

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BUFFETS

Themed Buffets

All prices are per person and available for 12 guests or more. Includes appropriate condiments and choice of beverages.

Build Your Own Bite Sized Southern BBQ $17.00
- Fresh Country Coleslaw 170 Cal/3.5 oz. serving
- Vegetarian Baked Beans 160 Cal/4 oz. serving
- Collard Greens 90 Cal/3 oz. serving
- Macaroni and Cheese 260 Cal/4 oz. serving
- Hush Puppies 70 Cal each
- Pulled Chicken 190 Cal/3 oz. serving
- Pulled Pork 290 Cal/3 oz. serving
- Slider Buns 80 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bakery-fresh Brownies 250 Cal/2.25 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

Yucatan Bowl $17.25
Create your own Yucatan Bowls with White or Brown Rice, Charro Beans, Braised Chicken & Beef, Roasted Portobello Mushrooms, Toppings Bar including two (2) salsas, and sides
- Romaine Lettuce Salad 0 Cal/0.25 oz. serving
- Avocado Ranch Dressing 80 Cal/1 oz. serving
- Cilantro Lime White Rice 120 Cal/3 oz. serving
- Cilantro Lime Brown Rice 140 Cal/3.5 oz. serving
- Charro Beans 90 Cal/3 oz. serving
- Braised Chicken 180 Cal/3 oz. serving
- Braised Beef 160 Cal/3 oz. serving
- Roasted Portobello Mushrooms 20 Cal/2.25 oz. serving
- Guacamole 40 Cal/1.33 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Salsa Verde 10 Cal/1 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Dulce de Leche Brownie 220 Cal/2.25 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

East Asian Eats $17.75
Jasmine Rice, LoMein Noodles, Lemongrass Chicken, Asian Tofu with Teriyaki Sauce and sides with two (2) dipping sauces
- Egg rolls 190 Cal each
- Crispy Wontons 25 Cal each
- Sweet Soy Sauce 50 Cal/1 oz. serving
- Sweet & Sour Sauce 40 Cal/1 oz. serving
- Chili Garlic Sauce 45 Cal/1 oz. serving
- LoMein Noodles Yakisoba 120 Cal/2.5 oz. serving
- Jasmine Rice 130 Cal/3 oz. serving
- Lemongrass Chicken 190 Cal/3 oz. serving
- Asian Tofu 120 Cal/3 oz. serving
- Teriyaki Sauce 25 Cal/0.5 oz. serving
- Raspberry Coconut Bars 370 Cal/3.25 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

All-American Picnic $14.75
- Home-style Potato Salad 240 Cal/4 oz. serving
- Fresh Country Coleslaw 170 Cal/3.5 oz. serving
- House-made Kettle Chips 240 Cal/1.25 oz. serving
- Grilled Hamburgers with Buns 330 Cal each
- Hot Dogs with Buns 310 Cal each
- Garnish Tray (Lettuce, Onions, Pickles, Tomatoes) 0-10 Cal/1 oz. serving
- Assorted Craveworthy Cookies 250-310 Cal each
- Bakery-fresh Brownies 250 Cal/2.25 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
BUFFETS

Themed Buffets

All prices are per person and available for 12 guests or more. Includes appropriate condiments and choice of beverages.

Noodle Bar Basics $20.00
Make your own Pasta creation featuring choice of Cavatappi or Fettuccine Noodles; two (2) of the following: Marinara, Alfredo, Pesto Primavera or Hearty Meat Sauce; two (2) of the following: Grilled Chicken, Italian Sausage, Shrimp or Tofu; and a medley of veggies and accompaniments

- Mesclun Salad with Sliced Oranges, Kalamata Olives & Red Onion
- Garlic Breadsticks
- Cavatappi Noodles
- Fettuccine Noodles
- Grilled Chicken
- Italian Sausage
- Shrimp
- Tofu
- Marinara Sauce
- Pesto Sauce
- Alfredo Sauce
- Hearty Meat Sauce
- Broccoli
- Onions
- Tomatoes
- Zucchini
- Assorted Craveworthy Cookies
- Bakery-fresh Brownies
- Iced Tea
- Lemonade
- Iced Water

Harvest Bounty $17.75
Choice of Herb Roasted Turkey or Baked Ham served with sides and beverages

- Traditional Mixed Green Salad 50 Cal/3.5 oz. serving
- Southern Biscuits 190 Cal each
- Buttermilk Mashed Potatoes 120 Cal/3.75 oz. serving
- Sautéed Dill Green Beans 30 Cal/3 oz. serving
- Herb Roasted Turkey 130 Cal/3 oz. serving
- Baked Ham 110 Cal/3 oz. serving
- Apple Pie 410 Cal/slice
- Iced Tea 5 Cal/8 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

Looking to create your own Themed Buffet or Unique Custom Buffet?
Contact us at melioracatering@services.rochester.edu or 585.275.7687 to explore more options and personalize your buffet to fit your event.

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BUFFETS

Themed Buffets

All prices are per person and available for 12 guests or more. Includes appropriate condiments and choice of beverages.

**Power Lunch** $14.50
Choice of three (3) Fresh and Healthy Salad Platters accompanied by Grilled Flatbread, Seasonal Fresh Fruit, Aquafaba Chocolate Mousse, and Choice of Two Beverages

- Grilled Flatbread 110 Cal each
- Seasonal Fresh Fruit 40 Cal/2.25 oz. serving
- Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend 440 Cal/13.875 oz. serving
- Chickpea Couscous with Shawarma Beef, Tomato Cucumber Herb Salad and a touch of Spicy Harissa 540 Cal/16.5 oz. serving
- Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot Sesame Hummus and Pea Mint Salad 520 Cal/11.125 oz. serving
- Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing 470 Cal/11.88 oz. serving
- Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette 230 Cal/6 oz. serving
- Aquafaba Chocolate Mousse 230 Cal/2.75 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**Baked Potato Bar** $16.50
Top your own Baked Potatoes with a Garden Salad and choice of Apple Cobbler or Apple Pie for dessert

- Classic Garden Salad 50 Cal/3.5 oz. serving
- Top your own Baked Potato with Chicken Mushroom Alfredo, Chili Con Carne, Steamed Broccoli, Crumbled Bacon, Shredded Cheddar Cheese, Scallions and Sour Cream 660 Cal/12 oz. serving
- Apple Cobbler 350 Cal/4.75 oz. serving
- Apple Pie 410 Cal/slice
- Iced Tea 5 Cal/8 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
- Add on Cheddar Cheese Sauce 60 Cal/1 oz. serving

**Classic Pizza** $16.50

- Classic Garden Salad 50 Cal/3.5 oz. serving
- Traditional New York style Cheese Pizza Slices 330 Cal/slice
- Meat Lover’s Pizza Slices 470 Cal/slice
- Garden Vegetable Pizza Slices 380 Cal/slice
- Home-style Kettle Chips 240 Cal/1.25 oz. serving
- Assorted Craveworthy Cookies 250-310 Cal each
- Bakery-fresh Brownies 250 Cal/2.25 oz. serving
- Lemonade 5 Cal/8 oz. serving
- Iced Tea 0 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**Taste of Spain** $17.50

- Mesclun Salad 15 Cal/3 oz. serving
- Shallot Sherry Vinaigrette 80 Cal/1 oz. serving
- Rosemary Sea Salt Flatbread 220 Cal/2.25 oz. serving
- Spanish Rice 110 Cal/3.5 oz. serving
- Steamed Asparagus 20 Cal/3 oz. serving
- Paprika Chicken 200 Cal/3.5 oz. serving
- Braised Pork 360 Cal/3.5 oz. serving
- Lemon Cheesecake Bars 300 Cal/2.75 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
BUFFETS

Create Your Own Buffet

Customize Your Own Buffet: Select (1) starter, (1) entrée, (2) sides, and (1) dessert. Served with Assorted Rolls and Butter, and Choice of Two Beverages. Includes appropriate condiments.

Buffet Starters
- Seasonal Garden Salad with Balsamic Vinaigrette (50 Cal/3.5 oz. serving)
- Classic Caesar Salad (160 Cal/2.7 oz. serving)
- Baby Spinach Salad with Bacon, Hard Boiled Eggs and Balsamic Vinaigrette (60 Cal/2.15 oz. serving)
- Crudités with Tzatziki Sauce (40 Cal/5 oz. serving)
- Roasted Vegetable Platter with Chimichurri Mayo (210 Cal/4 oz. serving)
- Seasonal Fresh Fruit Salad (40 Cal/2.25 oz. serving)

Buffet Entrees
- Lemon Artichoke Chicken Breast (200 Cal/5.75 oz. serving) $19.00
- Asiago Chicken in a Roasted Red Pepper Sauce (310 Cal/5 oz. serving) $19.00
- Chipotle Pork Loin topped with a Pineapple Salsa (180 Cal/3.75 oz. serving) $20.00
- Grilled Salmon in a Moroccan Herb Sauce (120 Cal/2.75 oz. serving) $18.99
- Asian Marinated Steak (160 Cal/3 oz. serving) $19.00
- Cavatappi a la Toscana (430 Cal/15.75 oz. serving) $15.00
- Slow-Roasted Turkey Breast rubbed with Sage and Thyme (130 Cal/3 oz. serving) $19.00

Buffet Sides
- Italian Seasoned Green Beans (40 Cal/3.25 oz. serving)
- Goat Cheese and Roasted Garlic Mashed Potatoes (170 Cal/4.25 oz. serving)
- Pan Roasted Vegetables (45 Cal/3 oz. serving)
- Tomato Caper Ratatouille (45 Cal/4.25 oz. serving)
- Brussels Sprouts with Almond Butter (70 Cal/3 oz. serving)
- Quinoa and Wild Rice Blend (110 Cal/2.6 oz. serving)
- Roasted New Potatoes (110 Cal/2.75 oz. serving)

Buffet Finishes
- Apple Pie (410 Cal/slice)
- Cherry Cheesecake Tarts (170 Cal/1.75 oz. serving)
- Dulce de Leche Brownie (220 Cal/2.25 oz. serving)
- Spiced Carrot Cake (370 Cal/slice)
- Chocolate Cake (270 Cal/slice)
- Aquafaba Chocolate Mousse (230 Cal/2.75 oz. serving)
RECEPTIONS

Hors d’oeuvres
Hors d’oeuvres are priced per dozen. Includes appropriate condiments.

Reception Hors d’oeuvres (Hot)
Bacon Wrapped Scallops (20 Cal each) $32.00
Balsamic Fig and Goat Cheese Flatbread (80 Cal each) $27.00
Beef Empanadas (70 Cal each) $30.00
Buffalo Style Chicken Spring Rolls (25 Cal each) $23.00
Coconut Chicken (40 Cal each) $20.00
Crab Cakes (30 Cal each) $30.00
- Parmesan Artichoke Hearts (50 Cal each) $25.00
- Spanakopita (70 Cal each) $18.00
- Vegetable Spring Rolls (15 Cal each) $20.00

Reception Hors d’oeuvres (Cold)
- Mediterranean Antipasto Skewers (70 Cal each) $30.00
- Mushroom Profiterole (45 Cal each) $22.00
- Shrimp Cocktail (70 Cal each) $36.00
- Classic Tomato-Basil Bruschetta (100 Cal each) $18.00
- Beef Tenderloin Crostini with Horseradish Aioli (120 Cal each) $28.00
- Belgian Endive with Apples, Goat Cheese, and Walnuts (75 Cal each) $20.00

Unsure of how many items and how much to order for your reception? Contact your catering events specialist to discuss the proper amounts needed for a reception.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
RECEPTIONS
Reception Platters and Dips

Fresh Garden Crudités $3.50 Per Person
- Fresh Garden Crudités with Ranch Dill Dip (120 Cal/5 oz. serving)

Fresh Seasonal Fruit $3.50 Per Person
- Fresh Seasonal Fruit Tray (40 Cal/2.5 oz. serving)

Antipasto Platter $5.75 Per Person
Antipasto Platter with Marinated Vegetables, Italian Meats and Cheese (250 Cal/5 oz. serving)

Housemade Warm Spinach Dip $5.50 Per Person
- Housemade Warm Spinach Dip served with Fresh Pita Chips (230 Cal/2.25 oz. serving)

Flatbread Crisps served with Spreads $4.00 Per Person
Flatbread Crisps served with Hummus, Harissa and Tzatziki (420 Cal/6.18 oz. serving)

Black Bean Corn and Pico Guacamole $5.50 Per Person
- Black Bean, Corn and Pico Guacamole serves with Tortilla Chips (330 Cal/6.75 oz. serving)

May we suggest a Served Meal or Reception?
Our talented chefs are delighted to create special menu items that accommodate your culinary preferences and budget. Please contact our Catering Office at (585) 275-7687 to arrange a personal consultation.

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RECEPTIONS

Reception Stations

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Dim Sum $13.25
A little afternoon Dim Sum to spice up your afternoon meeting or evening reception served with two (2) dipping sauces

- Egg rolls
- Pot Stickers
- Sweet Soy Sauce 50 Cal/1 oz. serving
- Sweet & Sour Sauce 40 Cal/1 oz. serving
- Chili Garlic Sauce 45 Cal/1 oz. serving
- Sweet & Spicy Boneless Chicken Wings with Celery Sticks 600 Cal/7.5 oz. serving
- Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving

Happy Hour $15.00
Have a "pub" break with your favorite Happy Hour finger foods

- Warm Spinach Dip with Pita Chips 230 Cal/2.25 oz. serving
- Mini Cheesesteaks 170 Cal each
- Buffalo Chicken Tenders served with Blue Cheese Dip 680 Cal/6.75 oz. serving
- Assorted Craveworthy Cookies 250-310 Cal each
- Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving

Grown Up Mac and Cheese $14.00
Our gourmet Mac & Cheese topped your way

- Chipotle Macaroni and Cheese 460 Cal/8 oz. serving
- Grilled Chicken Breast 160 Cal/3 oz. serving
- Roasted Mushrooms 90 Cal/3.5 oz. serving
- Sautéed Shrimp 130 Cal/4 oz. serving

American Tea $12.25
The perfect selection of sweet and savory snacks

- Fresh Mozzarella Tea Sandwiches 250 Cal each
- Grilled Chicken and Apple Tea Sandwiches 230 Cal each
- Roast Beef and Brie Tea Sandwiches 270 Cal each
- Scones with Jam and Honey Cream Cheese 380 Cal/3 oz. serving
- Assorted Petit Fours 60-140 Cal each
- Shortbread Cookies 20 Cal each
- Hot Water with Assorted Tea Bags 0 Cal/8 oz. serving

Breaks

All prices are per person and available for 12 guests or more

Energy Break $4.00
Raise the bar!

- Granola Bars 190 Cal each
- Fruit Filled Bars 160 Cal each
- Breakfast Bars 250 Cal each

Snack Attack $6.25
The perfect blend of sweet and salty to get you through your day!

- Individual Bags of Chips 100-160 Cal each
- Roasted Peanuts 190 Cal/1 oz. serving
- Trail Mix 290 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bakery-fresh Brownies 250 Cal/2.25 oz. serving

Breads and Spreads $6.50
Looking for a variety of flavors to spice up your meeting? Try dipping our Tortilla Chips, Pita Chips and Crusty Crostini into your choice of four (4) spreads, accompanied by a Fresh Fruit Tray

- Tortilla Chips 190 Cal/2 oz. serving
- Pita Chips 140 Cal/2 oz. serving
- Crostini 40 Cal each
- Korean Roja Guacamole 90 Cal/2 oz. serving
- Ginger Verde Guacamole 90 Cal/2 oz. serving
- Warm Artichoke Spinach Dip 200 Cal/2 oz. serving
- Feta & Roasted Garlic Dip 260 Cal/2 oz. serving
- Traditional Hummus 80 Cal/2 oz. serving
- Artichoke & Olive Dip 140 Cal/2 oz. serving
- Fresh Fruit Tray 40 Cal/2.5 oz. serving
BEVERAGES & DESSERTS

Beverages
Includes appropriate accompaniments

Java’s Regular Coffee, Decaf and Hot Water with Assorted Tea Bags (0 Cal/8 oz. serving) $2.75 Per Person
Bottled Water (0 Cal each) $2.00 Each
Assorted Sodas (Can) (0-150 Cal each) $2.00 Each
Sparkling Water (0 Cal each) $3.00 Each
Hot Apple Cider (160 Cal/8 oz. serving) $10.00 Per Gallon
Hot Chocolate (160 Cal/8 oz. serving) $10.00 Per Gallon
Iced Tea (5 Cal/8 oz. serving) $7.50 Per Gallon
Lemonade (90 Cal/8 oz. serving) $7.50 Per Gallon
Infused Water $5.00 Per Gallon
Lemon Infused Water 0 Cal/8 oz. serving
Orange Infused Water 10 Cal/8 oz. serving
Apple Infused Water 20 Cal/8 oz. serving
Cucumber Infused Water 10 Cal/8 oz. serving
Fresh Berry Infused Water 10 Cal/8 oz. serving
Strawberry Basil Infused Iced Tea (10 Cal/8 oz. serving) $9.00 Per Gallon
Raspberry Lime Infused Lemonade (xx Cal/8 oz. serving) $9.00 Per Gallon

Desserts
Available for 12 guests or more

Assorted Blondies (240-300/1.875-2.38 oz. serving) $3.00 Per Person
Assorted Craveworthy Cookies (250-310 Cal each) $2.50 Per Person
Chocolate Chip Cookie Brownies (280 Cal/2.6 oz. serving) $3.00 Per Person
Gourmet Dessert Bars (300-370 Cal/2.75-3.25 oz. serving) $3.25 Per Person
Chocolate Covered Strawberries (40 Cal each) $3.00 Per Person

Ordering Information

Lead Time
Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras
We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Contact Us Today
585.275.7687
melioracatering@services.rochester.edu
www.melioracatering.catertrax.com
Prices effective until 08/01/2019
Prices may be subject to change

Vegetarian  Vegan

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.