



MADE TO ORDER

HALF\$9.39

WHOLE\$13.99

WRAP\$9.39

MAKE ANY SANDWICH A COMBO \$3.00

Includes a 24oz fountain drink and a bag of chips or piece of fruit.

ROCKY'S SIGNATURE SUBS

MEATBALL 6"

Tender Italian-style meatball simmered in marinara sauce on your choice of bread, topped with melted provolone.

ITALIAN ASSORTED 6"

Salami, capicola, pepperoni, lettuce, tomato, onions, and low calorie Italian dressing on your choice of bread.

THE MEL MELT 6"

Tender roast beef, melted cheddar cheese, sliced tomatoes, banana peppers, dill pickles, and UR's own Mel Sauce.

BREADS

DiPaolo White Sub Roll, Father Sam's Flour Tortilla White, Father Sam's Flour Tortilla Spinach, Ciabatta

CHEESES

American, Swiss, Provolone, Cheddar, Pepper Jack, Shredded Mozzarella, Vegan Cheese

DELI OPTIONS

Applegate Turkey, Sliced Ham, Shaved Roast Beef

DRESSINGS, SAUCES, & SPREADS

Mayonnaise, Yellow Mustard, Honey Mustard, Oil, Red Wine Vinegar, Country Sweet, BBQ Sauce, Feisty Feta, Hummus

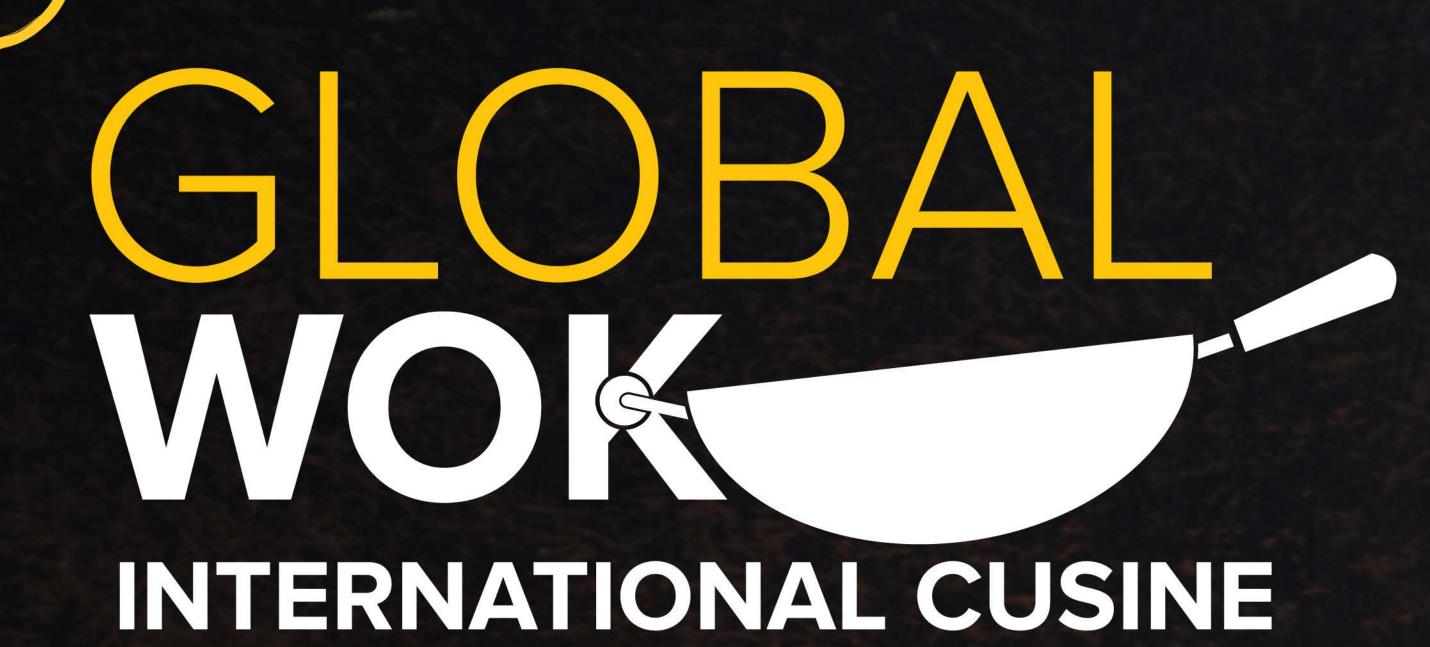


OTHER MEAT OPTIONS

Grilled Chicken Strips, Sliced Pepperoni, Sliced Capicola

VEGETABLE TOPPINGS

Iceberg Lettuce, Baby Spinach, Sliced Tomato, Sliced Cucumber, Dill Pickle Chips, Sliced Black Olives, Sliced Red Onions, Pickles, Jalapeño Slices, Banana Peppers



PRICING

Single Side \$5.99

Single Entrée \$6.99

1 Entrée + 1 Side \$7.79

2 Entrées + 1 Side \$10.59

3 Entrées + 1 Side \$12.99

Appetizers \$2.49

Add Steak Or Shrimp \$1.89

ENTRÉES

General Tso's Tofu

Orange Tempura Cauliflower

Korean BBQ Beef

Beef & Broccoli

Steak & Mushrooms Teriyaki

Orange Chicken

Sweet Chili Chicken

Country Sweet Shrimp

Chicken Tikka Masala

APPETIZERS

Spring Rolls (2)

Crab Rangoon (3)

Chicken Teriyaki Potstickers

SIDES

White Rice

Fried Rice

Chow Mein

Garlic Ginger
Mixed Vegetables

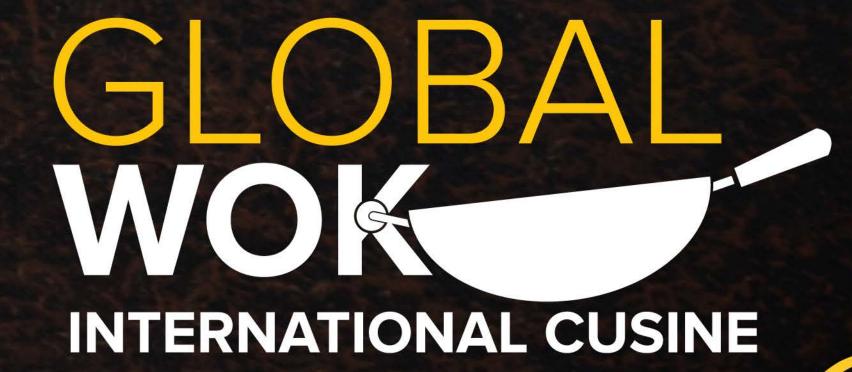
Broccoli



Visit dining.rochester.edu for menu and nutritional information.

- ENTRÉE SPECIALS.

Vegan Black Pepper "Chicken" Ask about our other specials!





Quesadillas

Toasted flour tortilla with melted cheddar jack cheese served with salsa and sour cream

• With Protein: \$9.75

Just Veggies: \$9.25

Add Extra Protein: \$3.49 Add

Guacamole: \$2.99

Bowls & Burritos Salads

SOUTHWESTERN: \$10.25

Grilled chicken, black beans, brown rice, pico de gallo, cheddar cheese, shredded lettuce, corn tortilla strips, chipotle sriracha dressing

HERBIVORE: \$8.99

Spinach, jalapeno, salsa corn, balsamic vinaigrette, sunflower seeds

CAESAR BLT: \$10.25

White rice, fajita vegetables, shredded lettuce, pickled red onions, bacon, cheddar jack cheese, caesar dressing

BUILD YOUR OWN:

Ask for a bowl or burrito then choose a grain, protein, cold items, dressing, and toppings

• With Protein: \$10.19

Just Veggies: \$9.75

STREET TACO: \$8.99

Arcadian harvest lettuce, chicken breast strips, cheddar-jack, black beans, corn, jalapenos, tortilla strips, and chipotle sriracha ranch dressing

MEDITERRANEAN: \$7.99

Pickled cucumber, tomato, feta, pickled red onion, kalamata olives, hummus, mixed greens, balsamic vinaigrette

BUILD YOUR OWN SALAD:

Greens and protein of your choice plus cold items and dressing

• With Protein: \$9.19 • Just Veggies: \$8.19

BUILD YOUR OWN NACHOS:

Choose a protein, hot topping, cold toppings, and add warm cheese sauce

• With Protein: \$9.75

Just Veggies: \$9.25





CHEESE SLICE \$3.69
PEPPERONI SLICE \$3.99
SPECIALTY SLICE \$4.30
CHEESE BREADSTICK \$2.39
2 SLICES + MED DRINK \$8.39

16" CHESE PIZZA \$15.89
Add Toppings \$1.89

PIZZA LOGS

Ask for today's offering!

SKIP THE LINE - ORDER PIZZA PI ON GRUBHUB NOW!

THE GRILL

HALAL BEEF CHESEBURGER \$7.49

VEGAN QUINOA BURGER \$7.49

CRISPY CHICKEN \$7.49

All Sandwiches Made & Topped to Order

Lettuce

Onion

Tomato

Mel sauce

Pickles

Meat

Hot sauce

Garbage plates available starting @ 5pm!

Choose your meat, sides, and toppings – \$10.99
Vegan plates also available!

*All of the chicken served is antibiotic-free

CHICKEN TENDERS \$7.49

FRENCH FRIES

\$3.99

GRILLED CHEESE

\$5.49

HOTDOG

\$3.99

